

# FINDING IT TOUGH LIVING WITH CANCER OR AFTER TREATMENT?

We can... **H**elp **O**vercome **P**roblems **E**ffectively

If you are finding it hard to cope we are here for you. Nuffield Health Derby Hospital is working in partnership with Macmillan Cancer Support to provide this six-week **HOPE** course in which we can help you overcome problems, plan for your future and feel more like you again. You will meet people who understand because they have been there too. You don't have to face it alone, and the best part is it's all..... **\*FREE! \***

Join us for this six-week course, dates below:

<b>15<sup>th</sup> February – 22<sup>nd</sup> March 2022</b>	<b>12:30 – 3pm</b>
<b>26<sup>th</sup> April – 31<sup>st</sup> May 2022</b>	<b>12:30 – 3pm</b>
<b>9<sup>th</sup> August – 13<sup>th</sup> September 2022</b>	<b>12:30 – 3pm</b>
<b>1<sup>st</sup> November – 6<sup>th</sup> December 2022</b>	<b>12:30 – 3pm</b>

The course is being held at Repton Village Hall, Askew Grove, Repton, Derby, DE65 6GR

To book your place or if you have any queries please call 01332 540114 and speak to Julie or Rachel for further details.